



PERSONAL, PROFESSIONAL
AND ORGANISATIONAL
SKILLS DEVELOPMENT WORKSHOP

Living well through change **It's possible**

EXPECTED OUTCOMES

- Discover unsuspected strengths to withstand turbulence.
- Build solid anchors to keep your balance in the turmoil.
- Estimate the impact of the dominant aspect of your personality on your reaction to change.
- Rely on facilitating attitudes and behaviors to living well in a constantly changing world.

PARTICIPANTS

- Anybody wishing to take advantage of the opportunities brought by change.

CONDITIONS

- One-day workshop.
- Available for businesses and organizations of any size according to their needs or a schedule of public sessions.

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Optimizing the Contribution of People



Adaptation Factors

combined with

Personality Dynamics

